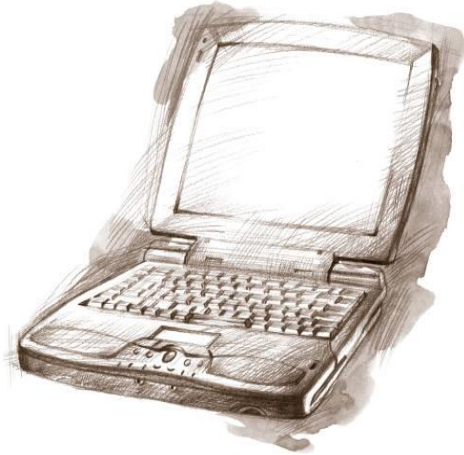

Tohickon Internal Medicine is now offering patients access to our

ONLINE PATIENT PORTAL

Tohickon Internal Medicine is proud to introduce our Patient Portal, a secure and easy-to-use, Internet-based portal which offers a variety of non-urgent communications, services and information 24 hours a day 7 days a week. Once you have created your account you can use the portal anytime to:



- Request a wellness appointment or diabetic check. **Note- Sick appointments needed within 2 weeks require a call to the office.**
- Request active medication refills.
- View your latest test results. See instructions below
- Request insurance referrals.
- Request screening lab and radiology orders.
- Through the "My Chart" tab you can view and download your personal health record which includes vital signs, medications, immunizations and problem list and more. With online access, your most recent medical information will be available anytime you need it anywhere in the world through an automatic interface- no office interaction necessary (**see updating instructions below**).
- Browse educational information on a wide variety of health topics.

******* How do I view my most recent health information in my portal (Updating)? *******

NOTE- The patient portal does not automatically update. Your portal account will display your most recent health information including lab test results ordered by your doctor if you manually update it. Update your portal by following these easy steps: Log into your portal. Click the My Chart tab on top. There will be two choices. Select "Request Health Record" then click "Submit". Wait for 15 minutes for the update to process. Then click "My Chart" and "View My Chart". Menu item links are on the left. Just click on your choice and the data will be on your screen. You will also see a command to click if you wish to download your health information to your computer or device.

Is my health information secure?

Your health information is absolutely secure. NextMD.com is a securely encrypted website. You create your own unique user name and password to log in. As an added layer of protection the answer to your security question will be required each time you access your account. NextMD database is only accessible through the application and not visible over the Internet. WebMD has taken those steps required under the Health Information Technology for Economic and Clinical Health ("HITECH") and HIPAA laws to protect the security and privacy of any patient information housed on the website.

What are the benefits of using the patient portal?

Fewer phone calls means less time you have to wait to get what you need from our office. Being able to access your records online allows you to have the information you need to take to other physicians that you may see. This means better informed care and less duplication of tests between your physicians reducing out of pocket costs for you!

How will I be contacted about requests I have made through the portal?

A message will be sent to the email address you provided to us informing you to log on to the portal to view new communications from the practice. Once you log into your portal account at www.Nextmd.com you will be able to see your messages from the office and scheduled appointments in a clear, easy to navigate format.

PLEASE NOTE- PATIENT PORTAL COMMUNICATIONS ARE NOT INTENDED FOR USE IN URGENT SITUATIONS. REQUESTS WILL BE PROCESSED WITHIN 48 HOURS. IF YOU NEED HELP FROM THE OFFICE SOONER PLEASE CALL DURING OUR OPEN HOURS- Monday-Saturday from 8 am.